

IOWA DIRECT CARE WORKER ADVISORY COUNCIL: DESCRIPTION OF TRAINING MODULES

CORE

CORE

Defined as basic foundational knowledge and introduction to profession. All DCWs complete Core as entry to the profession.

- » DCW System
- » Person Centered/Directed Care
- » Communication and Interpersonal Skills
- » Infection Control

- » Documentation
- » Mobility Assistance and Worker Safety



HOME AND COMMUNITY LIVING

Defined as enhancing or maintaining independence, accessing community supports and services, and achieving personal goals. Functions may include:

- » Community and Service Networking
- » Community Living Skills and Supports
- » Facilitation of Services

- » Education, Training, and Self-development
- » Advocacy
- » Crisis Prevention and Intervention
- » Building and Maintaining Friendships and Relationships
- » Vocational, Educational & Career Support



INSTRUMENTAL ACTIVITIES OF DAILY LIVING

Defined as services to assist an individual with daily living tasks to function independently in a home or community setting. Functions may include:

- » Managing money
- » Driving a car or transportation
- » Using the phone

- » Laundry
- » Shopping
- » Cooking

- » Washing dishes
- » Bed making
- » Light housekeeping



PERSONAL SUPPORT

Defined as providing support to individuals as they perform personal care activities of daily living. Functions may include:

- » Supervising
- » Coaching
- » Prompting

- » Teaching/Training
- » Supporting



PERSONAL ACTIVITIES OF DAILY LIVING

Defined as services to assist an individual in meeting their basic needs. Functions may include:

- » Bathing, back rubs, skin care
- » Grooming hair care, nail care, oral care, shaving, applying make-up
- » Dressing & undressing
- » Eating includes feeding
- » Toileting includes urinal, commode,
- bedpan
- » Mobility assistance transfers to chair/bed, walking, turning in bed, etc.



HEALTH MONITORING AND MAINTENANCE

Defined as medically-oriented services that assist an individual in maintaining their health. Functions may include:

- » Measuring intake and output
- » Catheter care
- » Ostomy care
- » Collecting specimens

- » Checking vitals temperature, pulse, respiration, blood pressure
- » Measuring height and weight
- » Range of motion exercises
- » Urinary care
- » Application of TED Hose, heat and cold packs

EXAMPLES OF SPECIALTY ENDORSEMENTS

Specialty Endorsements will be developed by experts in those subject or professional areas and approved by the lowa Board of Direct Care Professionals.

Autism; Alzheimer's/Dementia; Advanced Nurse Aide; Brain Injury; Mentoring; Crisis Intervention; Hospice and Palliative Care; Medication; Mental Health; Paid Nutritional Assistant; Positive Behavior Supports; Psychiatric Care; Wellness and Prevention